Pain Medicolegal Expert of the Year

United Kingdom



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Dr. Adam Consultant in Pain Medicine, King's College Hospital & Director, Precision Pain UK

About Adam

An experienced Pain Consultant active in one of the UK's most distinguished teaching hospitals, Dr Adam Woo has quickly established a reputation for excellence in medico-legal practice. As the name of his practice suggests, a commitment to precision is at the heart of his professional ethos – in diagnosis and prognosis, and in rigorously meeting the demands of each instruction.

Dr Woo draws on expertise spanning a wide range of pain-related conditions. His work serves a diverse client base of leading law firms acting on behalf of both claimants and defendants.

Advising across the personal and occupational injury and medical/clinical negligence domains, Dr Woo strives to deliver meticulous, clear judgements through his causation and prognosis reports and the support he gives to senior counsel through conferences. He has worked with a wide range of medical experts to produce authoritative joint statements.

Dr Woo qualified in Medicine in 1999 from University College London, earning more than a dozen distinctions and prizes during his five years at medical school. He trained in advanced pain medicine at many centres of excellence in London, including St Thomas' Hospital, Queens Square Hospital, Royal Free Hospital and the Great Ormond Street Hospital for children. He later went on to earn a Masters' degree in Pain Management from Edinburgh University.

Dr Woo has more than ten years' experience as Consultant in Pain Management at the multispecialty King's College Hospital, where his work has been recognized through several Clinical Excellence Awards. At King's, he collaborates with neurology, neurosurgery, orthopaedics and rheumatology amongst other specialism to provide comprehensive patient care. He has extensive, first-hand experience in the clinical management of all aspects of chronic pain conditions.

Dr Woo has maintained an interest in training and education. He was Lead Educational Supervisor in Pain at King's College Hospital and teaches medical students regularly. He is a Fellow of the Royal College of Anaesthetists a Fellow of its Faculty of Pain Medicine. Here, he is a member of the Court of Examiners, with responsibility for devising examination questions and setting standards. He has been an invited speaker on pain conditions and treatments, and has addressed General Practitioner audiences in London.

Published in numerous peer reviewed journals, Dr Woo's writings have covered prominent aspects of pain medicine, including the relationship between mood disorders and pain, interventions, opioids, acute pain and chronic pain. He has also been sought out as a contributor to specialist medico-legal publications, where he has written on the factors that shape diagnosis and treatment in areas including chronic post-surgical and traumatic pain, Complex Regional Pain Syndrome and chronic widespread pain. He is also a specialist peer reviewer for the journal Neuromodulation. Among his other activities, he sits as an adjudicator on the Police Medical Appeal Board, considering appeals regarding permanence or causation after injuries on duty.

His medico-legal practice encompasses the following:

Opioid addiction/misuse, Complex Regional Pain Syndrome, Post-surgical pain, Interventions, Complex back pain, Fibromyalgia, Neuropathic pain, Cancer pain, Psychosocial problems in pain, Facial pain and headaches, Whiplash and Neck pain, Musculoskeletal pain, Neuralgia, Somatoform pain disorders, Acute pain, Arthritic pain, Lower back pain, Disability due to pain in occupational settings, Pain after accidents, Spinal pain, Post-Hernia surgery.

Dr Woo practices in Central London and UK wide if necessary. He conducts both face to face and remote consultations.