

**CURRICULUM VITAE**  
**ADAM WOO**

**MBBS (LONDON) FRCA (ENGLAND)**  
**MSc (EDINBURGH) FFPMRCA**

**Name** Adam K M Woo  
**Phone** 07766 054 378  
**GMC Reg** 4624938 (Full)  
**Nationality** British  
**Email** [info@precisionpain.co.uk](mailto:info@precisionpain.co.uk)  
**Practice Location:** HCA Shard, London Bridge

## **EDUCATIONAL QUALIFICATIONS**

**Fellow of the Faculty of Pain Medicine of the Royal College of Anaesthetists (UK)** 2010  
**Masters in Science, Pain Management University of Edinburgh** 2009  
**Fellow of the Royal College of Anaesthetists UK** 2005  
**MB BS (London) with Distinction University College London Medical School** 1999

## **PROFESSIONAL MEMBERSHIPS**

**GMC Specialist Register** 4624938  
**Royal College of Anaesthetists** 607191  
**Faculty of Pain Medicine, RCOA**

## ACADEMIC AWARDS

### University of Edinburgh, School of Clinical Sciences

Jansen-Cillag Bursary Prize	2008
Special Prize, MSc Pain Management	2007

### UCL Medical School

Honours in Pathology in MBBS Examinations	1999
Fairweather Prize in Obstetrics and Gynaecology	1999
Certificate of Merit for Outstanding Performance in MBBS Written Finals	1998
Certificate of Merit in Clinical Pharmacology	1998
Filliter, Kingston Fowler and Tuke Prize in Pathology	1997
Certificate of Merit for Outstanding Performance in First Year Clinical Assessment	1997
Blackwell Student Book Prize for Outstanding Performance in First Clinical Year Assessment	1997
Meyerstein Award for Best Overall Performance in Basic Medical Sciences Parts 1 and 2	1996
Distinction in Pharmacology	1996
Distinction in Physiology	1996
Carter Prize for Best Performance in Immunology	1996
Windham Baring Prize in Pathology	1996
Drummond Prize for Best Performance in Biochemistry	1995
Thomas Yeates Prize in Anatomy	1995

### A-Levels (University of London Examination Council)

**Special Medallion of Excellence** for highest mark in Mathematics and second highest mark in Chemistry in world standings, summer 1994. Presented by University of London Examinations Council

## CLINICAL AWARDS

Double Clinical Excellence Awards, Kings College Hospital	2019/20
Clinical Excellence Award, Kings College Hospital	2020/21
Clinical Excellence Award, Kings College Hospital	2021/22
Clinical Excellence Award, Kings College Hospital	2022/23

## NOTABLE POSITIONS

- Examiner, Faculty of Pain, Royal College of Anaesthetists
- Panel Expert Member, Police Medical Appeal Board, United Kingdom (Defendant based)
- Previous Lead Pain Educational Director, Kings College Hospital
- Reviewer, *Neuromodulation Journal*
- Accredited Consultant Appraiser

## **MEDICOLEGAL EXPERIENCE**

**Medicolegal Award-** I was named Pain Medicolegal Expert of the Year 2022 in the prestigious Lawyer Monthly's international Expert Witness Awards. I am also winner of Lawyer International's Legal 100 2024 as Pain Medicolegal Expert of the Year.

I was invited speaker and Faculty for the 56<sup>th</sup> Malaysia-Singapore International Congress in 2023 giving talks on Medical Negligence and Chronic Pelvic Pain.

I have been involved in medicolegal work since 2014 and write approximately 100 reports a year. I have been to medicolegal courses update myself regularly in this area. I write both claimant and defendant reports.

I deal with all areas of chronic pain in all settings, relating to personal injury, occupational injury medical/clinical negligence. These include:

- Pain after Accidents
- Spinal pain
- CRPS
- Post-surgical pain
- Whiplash and Neck pain
- Musculoskeletal pain
- Fibromyalgia
- Neuropathic pain
- Back pain
- Psychosocial problems in pain
- Facial pain and Headaches
- Somatoform pain disorders
- Acute pain
- Cancer pain
- Arthritic pain
- Cancer pain
- Lower back pain
- Disability due to pain in occupational settings
- Opioid Addiction/Misuse

### **Medicolegal Pain Publications**

**Woo A.** Why do some, not others, Develop Chronic Pain After Injury? Expert Witness Journal, Issue 41, February 2022

**Woo A.** Why me, not you? PI Focus, Association of Personal Injury Lawyers Publication. June 2021

**Woo A.** A Complex Problem (Complex Regional Pain Syndrome). PI Focus, Association of Personal Injury Lawyers Publication Sept 2020

### **Scientific Pain Publications**

**Woo A and Ratnayake G.** Sleep and Pain Management: A Review. Pain Management June 2020

**Oon Z and Woo A** Should thoracic epidurals be routinely sited in patients having cardiac surgery? British Journal of Hospital Medicine, 78(12), p. 730 Dec 2017

**Woo A and Sinha M.** Should ultrasound or X-rays be used in chronic pain medicine interventions? British Journal of Hospital Medicine 77(5): 314 May 2016

**Woo A, Tharakan L and Vargulescu R.** Stellate Ganglion Block for Painful Congenital Venous Malformation of the Arm. Pain Practice 2015

**Wilson J and Woo A** Long term Opioids: Friend or Foe? British Journal of Hospital Medicine 74(5): 298 May 2013

**Woo A.** Depression and Anxiety in Pain. British Journal of Pain March 2010 vol. 4 no. 1 8-12

## **CLINICAL SCOPE**

I have 14 years' experience as a pain consultant in a busy research/university hospital. I currently run outpatient pain clinics and theatre-based interventional procedures. Referrals are complex and varied, coming from rheumatology, neurology, haematology, liver transplant, palliative care and neurosurgery within this tertiary referral hospital.

I work within a multidisciplinary pain service with nurse specialists, pain psychologists and specialist pain physiotherapists. I hold joint clinics with neurology specialising in peripheral neuropathic pain, and urologists seeing patients with urogenital pain. I also run a joint clinic with haematology emphasising the psychological aspects in sickle cell pain.

## **Presentations and Teaching (Recent)**

**Invited Speaker, Kazakhstan Teaching Hospitals on Acute Pain 2023**

**Faculty Member and Invited Speaker, 56<sup>th</sup> Malaysia-Singapore Congress of Medicine 2023**

**Invited Speaker, Chronic Back Pain, Gulf Countries Course 2021**

**Director, Qatari Preceptorship to Kings College Hospital 2020**

**Invited Speaker, Conference , Adults with Learning Difficulties 2019**

**GP presentations on neuropathic pain 2019**

**Physiotherapy Pain Talk, HCA Hospitals 2019**

I have also been invited speaker for all pain conditions at GP practices in Southeast London.

## **COURSES AND MEETINGS ATTENDED (RECENT)**

Bond Solon Medicolegal Conference	Nov 2025
Cambridge Annual Medicolegal Conference	Sept 2025
Cambridge Annual Medicolegal Conference	Sept 2023
Pain Medicolegal Experts Meeting UK, Online Discussion	August 2022
London Pain Forum and Pulsed RF, Madrid	April 2022
Cambridge Annual Medicolegal Conference	Sep 2021
Cambridge Annual Medicolegal Conference	Nov 2019
Pain Expert Limited Conference, UK	Oct 2016
Professional Solutions Medicolegal Writing Course	2016

## **PROFESSIONAL APPOINTMENTS**

### **Current Appointment**

**Consultant in Pain Management, Kings College Hospital** since Oct 2011

### **Previous Appointments**

**Specialist Registrar in Pain and Anaesthesia.** Royal Free, UCL, Great Ormond Street and Royal London Hospitals.

### **Advance Pain Trainee**

Pain Management Centre, St Thomas' Hospital

### **Clinical Research Fellow in Pain**

National Hospital for Neurology and Neurosurgery and UCL

## **EXTRACURRICULAR ACTIVITIES**

Music is an integral part of my life. I play the guitar and piano, obtaining Grade 8 qualification from the Royal College of Music for the latter. I also compose music on the keyboard and have experience performing the piano in public. I enjoy the arts and culture scene in London and I do watercolour painting. I have a passion for travelling and have visited many countries. Highlights include Machu Picchu in Peru, Jordan, Japan and China.